## Trustee Board Report for the AGM 2025

The Board of Trustees has had a settled year with no significant changes ensuring that Trustees’ roles, leadership, and supporting structures remain aligned with the aims and strategy of POGP. A requirement of the Charity Commission is that one third of Trustees step off the Board in rotation according to length of terms served. This report explains how POGP is adhering to this for the 2025 AGM.

## Board leadership

* **Kate Lough** has completed her extended term as Chair and will step down from that role. She is also due to step down from the Board by rotation. She is happy to be re-elected to the Board as a Trustee

## Additional Trustee roles

The Board of Trustees includes three additional designated roles: **Vice Chair, Secretary, and Treasurer**. These Trustees are part of the team that drive the strategic plan of the organisation.

* **Vice Chair:** 
  + **Lucia Berry** has completed one year of her term as a Trustee, and is currently the Vice Chair
* **Secretary:**
  + **Helen Shepherd** is stepping down from this role at the AGM after completing her term of office. She is happy to be re-elected to the Board as a Trustee
* **Treasurer:** 
  + **Kiransha** **Velingkar** will continue into her second year as Treasurer

## Trustees in other roles

Several Trustees serve as Chairs of committees with specific outputs for member benefit in line with POGP’s strategic objectives:

* **National Conference Organising Committee Chair:**
  + **Debbie Plowman**, who has completed her term and is standing down, is happy to be re-elected to the Board and will take on the role of **Secretary** if re-elected as a Trustee
* **Journal Editor:**
  + **Grainne Donnelly** remains in post for one further year, to complete her four-year term of office with **Rosie Harper** appointed as Deputy Journal Editor (non-trustee capacity)
* **Education:** 
  + **Jane Dixon** will step away from her committee chair role but will continue to serve the remainder of her term of office as a Trustee. Following Board discussion, the **Education and Training Committee** will be renamed to become the **Professional Development Committee**
  + **Debbie Dillon** has applied to chair this committee and, following the AGM, will transition into this role.
* **Area Representative Officer:** 
  + **Alex Stephenson** continues in this role
* **Research Officer:** 
  + **Gillian Campbell** will continue for one more year in this role

## Other trustees

The Board also includes Trustees without designated responsibility who provide essential input to the Board process.

* **Sally Reffold** continues as a Trustee while also fulfilling a key role in the Communications Team and as Website Officer
* **Bill Taylor** continues as a Trustee with a term running until 2027
* **Debbie Dillon** continues as a Trustee

## Resignations

Danielle Alebon resigned from the Board of Trustees in June 2025.

## Committee vacancies

* **National Conference and Events Lead** 
  + **Debbie Plowman** stands down from this role following the AGM therefore the **National Conference Organising Committee Chair** position will become vacant
* **Public Relations Officer**
  + The post is currently vacant and may be recruited to following the 2026 POGP Strategy event

## Please see the POGP stand at Conference to meet all the members who offer their time and expertise. Take a moment to look at all the volunteer roles that POGP currently have on offer, and add one to your CV.

Without the dedication of the members in these volunteer roles, the POGP could not function at its current level of excellence.

## Acknowledgements

The Board is supported by an increasing number of administration roles. On behalf of the Board, we would like to extend our sincere thanks to:

* **Paula Poole (EBS)** – POGP secretariat supporting the day-to-day running of POGP
* **Karen Armitage** – for administrative support and development of our courses programme
* **Andrew** **Wilson** – our Journal Managing Editor for his ongoing leadership of our publication
* And finally, **all members of our committees, tutors, spokespeople, reviewers, and area representatives**, whose contributions are vital to the running and success of POGP

Their combined efforts ensure that we continue to serve our members and advance pelvic health physiotherapy across the profession.

## **Expressions of Interest**

* Applications via this link: [Who We Are | POGP](https://thepogp.co.uk/about_pogp/who_we_are.aspx)

Any member wishing to express an interest is warmly invited to contact the Board for an informal discussion or talk to any POGP volunteer manning our stand at Conference.